



**RAMAIAH**

**ADVANCED  
LEARNING CENTER**

# **Hand & Wrist Trauma Course - 2026**

**May 16<sup>th</sup> & 17<sup>th</sup>, 2026**

**KMC  
Accredited**



**Under the aegis of BOS, KOA & ISSH**

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**Venue : Ramaiah Advanced Learning Center**

Upgrading skills is not an option but a necessity, and this course is all about upgrading your skill about managing fractures around the hand and wrist. It is useful for Orthopods & Hand Surgeons. It will be an essential part of your practice.

Why you need to choose this course

- Learn from Hand surgeons both from Indian & Overseas faculty
- Hands on experience with excellent cadavers and instruments.
- Lectures and small group discussions
- Networking and opportunities for further training/fellowships

Overview of the course

This is a two-day course meant for Orthopaedicians and Hand surgeons focused on managing fractures of the hand and wrist. With day one comprising of lectures, videos and practical tips just required for your practice. Second day is all about hands on cadaveric learning various exposures and fracture fixation techniques around the hand and wrist. Complimented by focused group discussion on management of complicated cases.

There will 2 separate registration options, either for first day only (16th May) or for both the days (16th & 17th May - limited seats of 30 only). Don't miss this opportunity to learn from experienced Hand Surgeons from both India & Singapore.

Dr Darshan Kumar A Jain  
Course co-ordinator

**16-05-2026 Saturday**  
**(Day 1- Lectures/ relive surgical videos)**

**Registration 8:45 to 9:00am**

**Distal radius**

When and how to 'K' wire fixation  
When and how to do volar approach  
When and how to do dorsal approach  
Alternative approaches  
Role of arthroscopy assisted distal radius fracture fixation  
Complications & how to handle  
Managing distal radius malunion (Extra- articular)  
Managing distal radius malunion (intra articular)

**Distal Ulna**

Ulnar styloid fractures  
Distal ulna fractures

**DRUJ**

DRUJ ligament reconstruction  
Sauve Kapandji  
Darrach's

**Scaphoid**

Percutaneous fixation indication and technique  
Managing non unions of scaphoid fracture at waist level  
Managing non unions of scaphoid fracture at proximal pole  
Transscaphoid perilunate fracture dislocation  
Complications and how to manage

**Metacarpal**

First metacarpal fracture / fracture dislocation  
Metacarpal fracture Plating  
Metacarpal head and neck fracture

**Phalanges**

'K' wire fixation  
Plating  
PIPJ fracture dislocation  
Mallet finger  
Pediatric finger injuries  
Recent advances

**End at 4:00 pm**

## Day 2 (17-05-2026, Sunday)

### Interesting case discussion in 3 halls

(distal radius/ scaphoid & carpal/ metacarpal and phalanges)

**(9:00am to 10:00am)**

### Cadaveric / Hands on

#### Distal radius

Volar approach and fixation

Dorsal approach and fixation

#### Scaphoid

Volar approach

Dorsal approach

#### Metacarpal

First metacarpal approach & ORIF

Metacarpal ORIF

#### Phalanx

Middle phalanx ORIF Dorsal approach

Middle phalanx ORIF Volar approach

Intramedullary fixation

Distal phalanx

**End of course at 4:00pm**

# Faculty

## Overseas (Singapore)



**Dr David Tan  
Meng Kiat**



**Dr Sandeep  
Jacob Sebastin**

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## Regional (India)



**Dr Anil K. Bhat**



**Dr Anil Mathew**



**Dr Bharath K  
Kadadi**



**Dr Anirban  
Chatterjee**



**Dr Binoy P S**



**Dr Kannan  
Karupiah Kumar**



**Dr Kishan Rao K**



**Dr Latheesh Leo**



**Dr Madhusudhan  
N C**



**Dr Sathya Vamsi  
Krishna**



**Dr Suneel R**



**Dr Vikas Gupta**

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## Course Co Ordinator

### **Dr Darshan Kumar A. Jain**

Consultant Hand Surgeon, Sapiens Clinic  
Additional Director Hand, Upper Limb & Microsurgery  
Department of Orthopedics, Fortis Hospitals, Bengaluru

## Course fee

Registration cost	Till March 15th	Till April 15th	Till May 10th	
Only on 16th	10000	11000	12000	
Both 16th & 17th	24000	25000	26000	Limited seats (30 only)

### OVERSEAS

450 USD till March 16th  
500 USD from March 17th  
(early bird and later )

### Bank details :

Cheque / DD drawn in favour of  
"MSRUAS - M.S.Ramaiah Advanced Learning Center"  
MSRALC Account No - 914010033412174  
MICR Code - 560211017  
NEFT/ IFSC Code - UTIB0000559  
AXIS BANK

### For Registration Detail Contact:

Secretary to the Director, RALC  
Phone : 080 4050 2819 / Whatsapp: 7406502819  
e-mail : ralc@msruas.ac.in  
website : www.msralc.org

### Venue:

Ramaiah Advanced Learning Center  
Gnanagangothri Campus, MSR Nagar  
Bangalore 560 054.

Course supported by

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CLINIC

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